

## How can I help?

4-H clubs and programs in Nassau County utilize volunteers in many ways. We do request that all parents and guardians find ways to support your community club effort and your county program by volunteering in one way or another. Check the list below for ideas and feel free to discuss your own ideas with your club leaders and the 4-H county staff. Individual clubs may have more specific requests and monthly sign-up opportunities to make volunteering even easier for you.

### Teen Leaders:

- Plan the club meeting program
- Represent your club at county council meetings, represent your county at district council
- Organize a club or county service activity
- Serve as camp counselor
- Represent 4-H as ambassadors at your schools, other community agencies, etc.
- Other? Design your own service project! (describe)

Project leaders: A full role description is available that is appropriate for either club or county projects. See this description, then identify the project area(s) you are willing to lead (listed from our nationally supported projects). Examples include:

- |   |  |                                       |
|---|--|---------------------------------------|
| <input type="checkbox"/> Agriculture                                      | <input type="checkbox"/> Jr. Master Gardener       | <input type="checkbox"/> Horticulture |
| <input type="checkbox"/> Beef   | <input type="checkbox"/> Dairy                     | <input type="checkbox"/> Goats        |
| <input type="checkbox"/> Llamas   | <input type="checkbox"/> Poultry                   | <input type="checkbox"/> Rabbits      |
| <input type="checkbox"/> Sheep  | <input type="checkbox"/> Swine                     | <input type="checkbox"/> Cats         |
| <input type="checkbox"/> Dogs   | <input type="checkbox"/> Pets                      | <input type="checkbox"/> Wild animals |
| <input type="checkbox"/> Veterinary Science                               | <input type="checkbox"/> General farm animals      | <input type="checkbox"/> Horse        |
| <input type="checkbox"/> Public Speaking                                  | <input type="checkbox"/> Performing Arts           | <input type="checkbox"/> Photography  |
| <input type="checkbox"/> Visual Arts                                      | <input type="checkbox"/> Civic Education           | <input type="checkbox"/> Babysitting  |
| <input type="checkbox"/> Workforce readiness                              | <input type="checkbox"/> Consumer Education        | <input type="checkbox"/> Fishing      |
| <input type="checkbox"/> Foods & Nutrition                                | <input type="checkbox"/> Environmental Stewardship | <input type="checkbox"/> Leadership   |
| <input type="checkbox"/> Forestry   | <input type="checkbox"/> Healthy Lifestyles        | <input type="checkbox"/> Engines      |
| <input type="checkbox"/> Safety   | <input type="checkbox"/> Bicycling                 | <input type="checkbox"/> Entomology   |
| <input type="checkbox"/> Aerospace  | <input type="checkbox"/> Computers                 | <input type="checkbox"/> Woodworking. |
| <input type="checkbox"/> Embryology                                       | <input type="checkbox"/> Electricity               |                                       |
| <input type="checkbox"/> Shooting Sports                                  |  |                                       |
| <input type="checkbox"/> Other? Design your own project! (describe) _____ |  |                                       |

Activity Leaders: A full role description is available that is appropriate for either club or county activities. See this description, then identify activity(s) you are willing to lead (listed from our state supported events and activities). Examples include:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Fair exhibits   | <input type="checkbox"/> County council          | <input type="checkbox"/> Talent show          |
| <input type="checkbox"/> District council  | <input type="checkbox"/> Fashion revue           | <input type="checkbox"/> County events day    |
| <input type="checkbox"/> District events day   | <input type="checkbox"/> Speech contest          | <input type="checkbox"/> Awards & recognition |
| <input type="checkbox"/> Community Service   | <input type="checkbox"/> Photo & Poster Contests | <input type="checkbox"/> Residential Camp     |
| <input type="checkbox"/> Automotive Driving  | <input type="checkbox"/> Day Camp                |   |
| <input type="checkbox"/> Judging & quiz bowl events (related to many of the project areas above) |  |   |
| <input type="checkbox"/> Other? Design your own activity! (describe) _____                       |  |   |

Resource Leaders: A full role description is available that is appropriate for either club or county resource leaders. See this description, and then identify the resource(s) you are willing to provide.

Examples include:

- Occasional speaker or consultant to project areas as listed above.
- Judge for competitive events
- Talent show
- Fashion revue
- Demonstration/Events day
- Public Speaking
- Fair exhibits
- Poster & Photo contests
- Fundraising
- Volunteer recruitment
- Member recruitment
- School Liaison (deliver school enrichment materials, collect enrollment forms)
- Advisory committee
- Help with newsletter
- Lead a "fun night" activity
- Other? Design your own activity! (describe)\_\_\_\_\_

#### HANDS ON HELPERS:

There are many things you can do to help your club leader with the meeting logistics. Check with your club leader and sign up to help with:

- Meeting room set-up
- Phone call/e-mail reminders
- Refreshments
- Host guest speakers
- Clean-up
- Set up equipment
- Decorate for special events
- Other? Ask your leader what he or she really needs!

ATTACH TO YOUR COMPLETED VOLUNTEER APPLICATION & Return this form to your club leader and/or the county 4-H staff. Thanks for your support for the Nassau County 4-H program!

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